



SUMMER READING PROGRAM

FOR GROWN UPS
BY KARI KWINN

SUMMER

2021

WHEREVER YOU ARE, WHATEVER YOU READ

SPECIAL BONUSES FOR [VIRTUAL LATTE] SUBSCRIBERS

karikwinn.com



HOW TO READ LIKE A GROWN UP

- Reading should be **nourishing** or **joyful** or **both**
- Reading will **change the way you think** or engage with the world
- Reflecting **privately** has merit
- **Sharing** your thoughts, feelings, reflections, & questions has merit
- Reading things you wouldn't have initially chosen can **change your life**
- Reading will **improve** your writing
- Books are **meant to be shared***
- One can be in the middle of many books **simultaneously**
- Consuming books simultaneously or one at a time are **equally wonderful**
- All books count
- The **best places** to locate new books include free & public libraries, bookstores, shelves, and social media
- Oprah & The NYT make **lists of books**, and so can you!
- If promising yourself a new plant, a round of Putt Putt, or an ice cream cone helps you finish a book, you can absolutely leverage this beautiful facet of adulthood & **reward yourself!**
- Reading includes written & spoken words, purchased and borrowed - paper, electronic, audio - **read in the way that best suits you**

**unless they are What to Expect When You Are Expecting, in which case they should be used to line bird cages, which is still sharing*



IF YOU WANT TO KEEP A READING LIST, DO IT LIKE THIS->

BOOK TITLE:


recommend to/gave to:





EXTRA CREDIT

When you finish reading a book this summer, consider the ways in which you can share the legacy of this teaching with others

- **Gift or donate** a paper book you have written to someone who would benefit from reading it
 - Read some books written by people whose lived experience is **different from yours**, whose book has not yet 'made it' into the mainstream
 - **Read books about anti-racism. Out loud. From your balcony. Through a megaphone.**
 - Write a review of the book on a platform where readers share their commentary - book selling websites & book reviewing websites.
 - Who would benefit from reading this book?
 - What do you need to know before reading it?
 - In what way was this book meaningful to you?
 - What did this book make you want to do next?
 - If a book wow-ed you, **send a note to the author.** You can do this via social media, email, snail mail, or cast the intention into the ether.
 - Consider how this book fits into the lived experience of your life - will it impact decisions you make, become part of your memoir, or help you in some way? Was it super fun? **FUN COUNTS** you can read things **JUST FOR FUN!**
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[VIRTUAL LATTE] BONUSES

subscribers to my [virtual latte] list will also enjoy the following

- Hand written (by me!) summer postcards with a personalized book recommendation and possible comic
- An invitation to the virtual summer reading book swap chat (no physical books will be swapped, just recommendations)
- Weekly, original bits of witty commentary in their inboxes on Sunday mornings, with the bonus content of what I've been reading that week & what I really think about it.

Join here -> http://bit.ly/virtual_latte

karikwinn.com

